

## **PRESS RELEASE – 3<sup>rd</sup> December 2008**

### **Statutory Regulation of Nutrition Professionals**

The British Association for Applied Nutrition and Nutritional Therapy fully supports the recommendation that all nutrition professionals involved in providing advice to the public should come under the strictest regulation.

Voluntary self regulation is now under way with the Nutritional Therapy Council and we expect the register will be taken over by the Complementary and Natural Healthcare Council (CNHC) in January 2009.

The NTC and BANT met with the HPC on October 30<sup>th</sup> 2008 to discuss making an application for statutory regulation for Nutritional Therapy Practitioners. We expect the formal submission to the Health Professions Council to be made in October 2009 once the NTC Grandparenting process has closed.

Please see <http://www.nutritionaltherapycouncil.org.uk/News.htm> for the NTC press release.

BANT PR  
[pr@bant.org.uk](mailto:pr@bant.org.uk)  
01799 520684  
07931956040

---

#### **NOTES TO EDITORS**

##### **British Association for Applied Nutrition and Nutritional Therapy**

- 1 For media enquiries to The British Association for Applied Nutrition and Nutritional Therapy contact:-

Jayne Nelson at BANT PR  
[pr@bant.org.uk](mailto:pr@bant.org.uk)  
01799 520684 / 0793 195 6040

- 2 The British Association for Applied Nutrition and Nutritional Therapy is the largest Professional body representing NT practitioners. BANT was set up as a Company Limited by Guarantee in February 1997. It is a non-profit organisation funded neither by pharmaceutical, agrochemical or government agencies but by member subscriptions and donations. It promotes high standards of education in Nutritional Therapy and high standards of practice and ethics within the profession and acts as a professional body regulating the activities and practice of its members. It also provides opportunities for Continuing Professional Development.

It represents 2000+ Nutritional Therapists in the UK. The majority of members work in private practice although some work with GPs and other medical professions. Many practitioners work in specialist areas whilst others have general practices dealing with a range of health problems. All practitioners are expected to work with GP's respecting that the GP is the primary medical provider. Many practitioners also work in education at many levels, in industry, writing and researching.

Members provide individually tailored programmes, based on the science of nutrition, that are designed to alleviate current symptoms of ill health, to promote optimum health and prevent further progress of degenerative disease.

Nutritional intervention is a powerful tool in the prevention and treatment of disease. Nutritional therapy recognises biochemical individuality: a practitioner provides targeted personal nutrition advice.

BANT members work to the requirements of the National Occupational Standards in Nutritional Therapy as held by Skills for Health.

BANT has continued to work towards regulation but having been placed in Group 2 of the Complementary Therapies by the House of Lords in 2002 has been unable to date to expect statutory regulation. Currently BANT members are progressing through a process of Grandparenting towards regulation with the CAM equivalent of the HPC, the Complementary and Natural Healthcare Council (CNHC).

- 3 For further details about the British Association for Applied Nutrition and Nutritional Therapy please visit the website at <http://www.bant.org.uk>
- 4 For further details about the Nutritional Therapy Council please visit the website at <http://www.nutritionaltherapycouncil.org.uk>
- 5 For further details about the Complementary and Alternative Healthcare Council please visit the website at <http://www.cnhc.org.uk>